



Beside The Seaside

1. What makes somewhere 'home' for you?

Where do you think Jesus considered his 'home' to be?

2. To what extent does the idea of languishing resonate with your experience?

To what extent might languishing impact the way we engage with politics & national issues?

Where people are languishing, what key factors do you think have contributed to this state of mind?

3. To what extent is self-awareness important for a sense of inner peace, & how might we learn to be more self-aware?

What small goals are important to you, & how might we learn to value each other's achievements more?

What hinders our ability to be honest & vulnerable, & how might we address this?

4. In what new ways might you be able to serve & love your community in the months & years ahead?